



## Resources for children, youth & families

Churches are currently working hard to provide ways for children, young people and families to worship while usual services and activities are suspended.

Parents are working hard to juggle childcare, home schooling and working from home in an anxious and unsettled time.

We hope that worship as a family, in the home, can be a time to pause and reflect together in the midst of uncertainty and challenge.

We are supporting churches and families at this time by creating resources and signposting people to helpful resources produced by us and other organisations.

### Church @ Home

We have teamed up with the Diocese of Bristol to produce Church @ Home.

This is a new resource that we have created to encourage and help church families enjoy a time of worship, explore the Bible, pray and grow in their faith together in the comfort of their own homes. It is a fun, engaging and easy-to-follow session using a Bible reading selected from the Church of England Lectionary. Each session lasts approximately twenty minutes and provides age-related material for toddlers to teenagers to accommodate everyone in the family. Thought-provoking questions, fun activities and crafts bring the Bible story to life as well as creative prayer ideas to help families focus, learn and grow in their faith together.

Please click here to download the resources. [\(2 to be inserted – Ezekiel and Palm Sunday so far\)](#)

### 30 Day Challenges

Each month we are setting a daily challenge for children and their families. It encourages people to read a passage of the Bible and then reflect on it by creating something to respond.

Please click here to download the challenges. [\(Lego and Playdough to be inserted so far\)](#)

Please see this Youtube channel for videos on the challenges.

[https://www.youtube.com/channel/UCsKSW7o5i7E8\\_heYtf5Wh5A](https://www.youtube.com/channel/UCsKSW7o5i7E8_heYtf5Wh5A)

### Newsletter

Please sign up to our weekly newsletter <http://eepurl.com/dwRzqr>

Click here to download newsletters sent so far. [\(2 to be inserted 1.4.20, 8.4.20 so far\)](#)

In addition to weekly newsletters, special themed newsletters are also sent.

Please click here to download these. [\(Easter and rainbow to be inserted so far\)](#)

### Facebook

Please join our Facebook Groups to stay up-to-date with ideas and resources for children, young people and families.

<https://www.facebook.com/groups/519938642054740/>

<https://www.facebook.com/groups/2547710302007675/>

### Resources

Click here to see an online resource list documenting a whole range of sites & resources to support children, youth & family ministry. <https://onewayuk.com/resources>

Easter

- Bethan Fogell, Youth and Children's Work Adviser from the Diocese of Portsmouth has produced a fantastic holy week resource called journey to the cross. <https://www.portsmouth.anglican.org/easter/holyweek/>
- A super resource for Holy week at home from the Diocese of York. <https://dioceseofyork.org.uk/uploads/attachment/4647/holy-week-home-resources.pdf>
- The Revd Jo Wetherall, the Children and Families Officer from the Diocese of Gloucester, has produced this lovely Godly Play retelling for Holy week. <https://www.facebook.com/growingupbelieving/videos/220309515842439/>
- Budding Bishops (bump to school age child and carer toddler group) YouTube channel which has on it a retelling of the Easter story with some singing, prayer ideas and craft activities. <https://www.youtube.com/channel/UCQ3NeloTT24JVCP0B5CLrwQ>
- Gillian (Children and Families worker from Fremington) has produced this wonderful series of videos enabling children to build an Easter garden bit by bit, a part a day during Easter week. <https://www.facebook.com/gillian.ashcroft.72/posts/10222794827518411>
- This is a super Easter Toddler service created by Claire Nichols (Children and Families worker from Uffculme). <https://www.youtube.com/watch?v=31GYm9UWNE8>
- A fun Outdoor Easter Challenge from Blackburn Diocesan Board of Education for people to use on their daily exercise walk. Please follow social distancing regulations when out. <https://www.bdeducation.org.uk/product-category/primary-age-5-11/>
- The story of Easter beautifully told by the children of Christ Church Tunbridge Wells. <https://www.youtube.com/watch?v=LgFZDCguR8E>
- Good Friday for under 5s advice from Parenting for Faith. <https://parentingforfaith.org/post/good-friday-under-5s>
- Claire's Nichols (Children and Families worker from Uffculme) wonderful Bears and Prayers Palm Sunday session. [https://www.youtube.com/watch?v=KmUQwn7XcFY&feature=youtu.be&fbclid=IwAR3xSLdr8Gj83V9DGISTdmRwROqtUOp379RRUAxp8\\_D8iU\\_5edntjUCbR\\_4](https://www.youtube.com/watch?v=KmUQwn7XcFY&feature=youtu.be&fbclid=IwAR3xSLdr8Gj83V9DGISTdmRwROqtUOp379RRUAxp8_D8iU_5edntjUCbR_4)
- A lovely Easter Scavenger hunt to be set up at home to show children parts of the Easter story and remind them that Jesus' love never ends. <https://happyhomefairytale.com/christ-centered-easter-morning-scavenger-hunt-preschoolers-free-printable/>
- Scroll down this page to find Diddy Disciples Palm Sunday resources. <https://www.diddydisciples.org/thechurchathome>
- An Easter Scavenger Hunt from Blackburn Diocesan Board of Education for people on their daily exercise walk. Please follow social distancing regulations when out. <https://www.bdeducation.org.uk/product-category/under-5s/>
- Jesus without Language home pack to encourage faith at home. <https://www.jesus-without-language.net/kids-ministry-at-home/>
- Lena from St Matthias Church, Torquay has produced some super Godly Play sessions for YouTube: 'King Jesus' for Palm Sunday, the 'Mystery of Easter and the 'Faces of Easter' on Easter morning. <https://www.youtube.com/channel/UCopwyXTvmHCMOUSKeJJf6YQ>
- Morag and Louis from St Budeaux Parish Church are reading bedtime stories every evening (excluding Sunday) as they explore the Easter Story. <https://www.facebook.com/StBudeauxParishChurch/>

#### Babies and Toddlers

- Fantastic daily online Toddler sessions from Daniel's Den Online 'Pop Up' YouTube channel. <https://www.youtube.com/channel/UCTnA9DdCvqw0deo6ReR93rQ>
- Budding Bishops (bump to school age child and carer toddler group) YouTube channel which has on it some nursery rhymes to be shared and also online toddler group sessions. There is also a retelling of the Easter story with some singing, prayer ideas and some craft activities. <https://www.youtube.com/channel/UCQ3NeloTT24JVCP0B5CLrwQ> See also their Facebook

page <https://www.facebook.com/Budding-Bishops-1333512290134169/> These videos are popular and have been shared across the country.

- The PlayVan is a Christian charitable organisation which runs mobile play groups around rural Norfolk. Due to the COVID-19 situation the PlayVan has gone online so users get the same content as at one of the PlayVan groups but just virtually!  
<https://playvan.wordpress.com/>
- A wonderful YouTube channel by Claire Nichols of St Mary's Church, Uffculme. It has brilliant weekly 'Bears and Prayers' sessions, Bible time and Toddler Services.  
<https://www.youtube.com/channel/UCLtsNH8YUMe0PISmpDRVJg>
- Absolutely super Little Church on Highnam Benefice's YouTube Channel.  
<https://www.youtube.com/watch?v=b1ZM6hHolAM>
- A fantastic Pinterest board full of lovely creative activities to do with babies and young children by Tina Thomas, Young Families Minister at St Mary of Bethany Church.  
[https://www.pinterest.co.uk/tinasue1/bethany-babes-at-home/?fbclid=IwAR34Oki0rggRVRCp8-ShL3TEYg9hSrd7D6SaWuKdX\\_s1nvDNNpjpAXYWwVY](https://www.pinterest.co.uk/tinasue1/bethany-babes-at-home/?fbclid=IwAR34Oki0rggRVRCp8-ShL3TEYg9hSrd7D6SaWuKdX_s1nvDNNpjpAXYWwVY)
- Watch this link from 4.16mins onwards to hear Paul Kerensa do a live reading of his story books: Moses and the Exodus Express, Noah's Car Park Arc and Joe's Bros and the Bus that Goes. <https://www.facebook.com/paul.kerensa/videos/1304810389720266/>
- Little Worship Company have produced resources for churches to nurture the youngest members of their congregation during these exceptional times. Each weekend, they're releasing 'Little Worship Time' - material that can be used by churches streaming their services, or families leading worship in their homes. The material comprises a child-friendly film found on our YouTube channel, with an accompanying thought and simple prayer.  
[www.facebook.com/Littleworshipcompany](http://www.facebook.com/Littleworshipcompany)

#### YouTube Channels

- St Budeaux Church are sharing a Virtual Sunday School to help youngsters (and the young at heart) have some time thinking about God on Sunday mornings. They're really fun and leave some extension crafts and ideas for families to carry on with afterwards.  
<https://www.youtube.com/channel/UCMu2bG8L2dp7ywUZVa9uXDA>
- The Rev Philip Hawthorn's has produced Scruffy TV. It includes incredible retellings of bible stories, worship songs and fantastic prayers which are very reflective and contemplative.  
<https://www.youtube.com/watch?v=p7NNMY8F9k0&feature=youtu.be>
- St Albans Diocese have produced a YouTube channel of videos for families to use each week to explore the lectionary reading for that day.  
<https://www.youtube.com/channel/UCBRk98fLWkpUb5WF1kJZjoQ>

#### Family Worship at home

- Bethan Fogell a Youth and Children's Work Adviser from the Diocese of Portsmouth is producing a weekly 'Church at home' and 'Faith at play' resource (one is for 0-5s and the other for 4-11 year olds). <https://www.portsmouth.anglican.org/coronavirus/children-young-people/>
- The Diocese of Rochester have been making weekly Ministry @ Home resources. These resources are to help equip & enable worship together as "family". They are intentionally intergenerational to allow space, conversation, activity & response together as the family of God <https://www.rochester.anglican.org/content/pages/documents/1585828699.pdf>
- The Revd Jo Wetherall, the Children and Families Officer from the Diocese of Gloucester, has produced a weekly 'Growing Together Page'. These are a collection of resources for households (people of all ages) to explore or nurture Christian faith in their own time and at

their own pace. <https://www.gloucester.anglican.org/your-ministry/children-youth-and-families/growing-together/>

- Together at Home are providing free resources for churches to share with their families to help them explore the Bible and learn about God together whilst in their own homes. <https://www.tath.co.uk/>
- The wonderful Bible Chat Mat allows people of all ages to read the Bible and have conversation together, whether around a meal table, sitting on the sofa or wherever works best. The sheets can be coloured and doodled on, allowing you to respond to the Bible story in your own unique way. This resource is far more than a colouring sheet, but rather something that encourages households to read the Bible, have a conversation, pray together and explore together. <https://www.bathandwells.org.uk/supporting-children/youth-children/resources/bible-chat-mat/>
- Here's a link for families to get free Faith at Home resources during the pandemic. <https://www.illustratedministry.com/flattenthecurve>
- The Diocese of Bath and Wells have produced a fun activity to be done during isolation. It is a pilgrimage to be done around your home. As you physically move about your home as a family you will learn more about God and the faith in your family through activities, Bible verses, reflections and prayers. [https://cofeportsmouth.contentfiles.net/media/assets/file/Pilgrimage\\_at\\_Home.pdf](https://cofeportsmouth.contentfiles.net/media/assets/file/Pilgrimage_at_Home.pdf)
- Messy Church Covid-19 resources. <https://www.messychurch.org.uk/covid-19>

#### Prayer

- Prayers for children by Mary Hawes the National Children & Youth Adviser for the Church of England. <https://drive.google.com/open?id=1MESjkGn-0BR5BBfVFe6PWJxs4pV5LXy2>
- Since 23rd March Engage Worship have posted a simple prayer or worship activity which families can engage with together, using movement, interaction, craft, play and more. They vary the themes and types of engagement with God, and can be adapted to ideas to suit your family. The aim is to resource families during the Covid 19 pandemic, and strengthen family worship and prayer for this season. <https://www.facebook.com/engageworship/>

#### Homes schooling

- This is a wonderful Kids at home daily schedule from Blackburn Diocese which could be used in homes to structure time during this period of home schooling. [https://drive.google.com/open?id=1yDPPmH\\_4k3fmMa52v0K6256pOmEeOtgh](https://drive.google.com/open?id=1yDPPmH_4k3fmMa52v0K6256pOmEeOtgh)  
[https://drive.google.com/open?id=1WXPJKL5PIRkoXORoZ5JRg\\_tvx6\\_GAKL5](https://drive.google.com/open?id=1WXPJKL5PIRkoXORoZ5JRg_tvx6_GAKL5)
- Many home fitness ideas are emerging on social media and other platforms. Family.fit offers something unique. It combines faith and fitness with fun; it is currently available in 15 languages; it has video support from families all around the world; it allows for any family combination and encourages participation for all; it doesn't assume you know much about fitness. Anyone can lead and participate. It works in any space available; it is free to use and free to share; it builds positivity in the family that will leave a legacy beyond this stressful season; it hopes to improve physical, mental and spiritual wellbeing. <https://family.fit/>
- Care for the Family have great craft videos and articles to inspire you at home. <https://www.careforthefamily.org.uk/faith-in-the-family/playtime/crafts>
- Fun, inspiring, educational, and worshipful! Wildlife activities for children - for your garden, local walk, or potentially inside even! Links to many brilliant resources - with thanks to David Curry, our volunteer environment adviser. <https://drive.google.com/file/d/1yEh9gt065bMiZ5DrifhRQbPet4mIAvcC/view?fbclid=IwAR0kEgppz3M9rSRbixbw-zAiljC3W0HVvYmMjmsKED5v5uRIUUIRLR09Xfk>

- [The Kitchen Table Project](#) has a variety of resources perfect for parents to connect with during this time, including; [daily social media](#) inspiration, video activities, conversations and teachings on [YouTube](#) and also a [blog](#) for parents. <https://kitchentable.org.uk/>

#### Video Conferencing

- Emma Pettifer, Children's Officer from the Diocese of Worcester, has produced guidelines for video conferencing children's groups (for primary school age 5+) [https://cofeworcester.contentfiles.net/media/assets/file/Video\\_Conferencing\\_with\\_Primary\\_school\\_aged\\_children.pdf](https://cofeworcester.contentfiles.net/media/assets/file/Video_Conferencing_with_Primary_school_aged_children.pdf)

#### Bereavement

- Please see the resources for bereavement section of this webpage to download helpful word documents <https://www.elydiocese.org/church-roles/childrens-workers/childrens-workers-support-during-coronavirus/>

#### Anxiety, worry and fear

- Bethan Fogell, the Youth and Children's Work Adviser from the Diocese of Portsmouth has produced a list of books that help children, young people and adults deal with anxiety and overcome worry and fear. [https://cofeportsmouth.contentfiles.net/media/assets/file/Dealing\\_with\\_anxiety\\_-\\_books\\_for\\_children.pdf](https://cofeportsmouth.contentfiles.net/media/assets/file/Dealing_with_anxiety_-_books_for_children.pdf)
- Illustrated Ministry have produced a free booklet which incorporates prayers for when you are feeling anxious into beautiful printable colouring pages. [https://cofeportsmouth.contentfiles.net/media/assets/file/illustrated\\_Ministry\\_colouring\\_pages.pdf](https://cofeportsmouth.contentfiles.net/media/assets/file/illustrated_Ministry_colouring_pages.pdf)
- I'm not Scared! A resource which uses a secular book to reflect something about God. There are activity suggestions linked to the story for the family to try as well as prayers for them to use. On the Diocese of Worcester website there is this and other book suggestions. <https://www.cofe-worcester.org.uk/mission-and-ministry/calling-young-disciples/baptism-books/>

#### How to explain the virus to children

- A super set of posters to explain to young people what is going on at the moment. [https://660919d3-b85b-43c3-a3ad-3de6a9d37099.filesusr.com/ugd/64c685\\_319c5acf38d34604b537ac9fae37fc80.pdf?fbclid=IAR2TBss7MiYkX-PZga-CYO1wL2OJD2QAI7FSLW1FXYLQsA79-J6NM6\\_LHbl](https://660919d3-b85b-43c3-a3ad-3de6a9d37099.filesusr.com/ugd/64c685_319c5acf38d34604b537ac9fae37fc80.pdf?fbclid=IAR2TBss7MiYkX-PZga-CYO1wL2OJD2QAI7FSLW1FXYLQsA79-J6NM6_LHbl)

## Get in touch

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